



8/15/2022-12/1/2022  
**Evidence-based, Patient Centric Care of Menopausal Symptoms**  
**On-demand Encore Virtual Session**

**Overview:**

Twenty years ago, the results Women's Health Initiative (WHI) challenged conventional beliefs about the use of menopause hormone therapy. Providers and patients have struggled to unpack and apply the complex and often conflicting data from this landmark study. Hear how to critically appraise the WHI and the results of several large-scale studies that have occurred its wake, in order to provide evidence-based care to women with bothersome menopausal symptoms. Lifestyle and complementary measures will be addressed, as well as ongoing research into emerging treatment of menopausal symptoms.

**Target Audience**

This educational initiative is intended for Nurse Practitioners, Nurses, Primary Care Physicians and Physician Assistants.

**Learning Objectives**

Upon completion of the National Nurse Practitioners Symposium, learners should be able to:

- Explain the physiology of perimenopause, menopause, and the range of menopause symptoms
- Describe the limitations of the WHI and how to utilize that data in practice.
- Discuss how to counsel patients on appropriate hormonal and nonhormonal treatment options, including the consensus on providing hormone replacement using FDA-approved formulations.

**Criteria for Success**

To obtain a certificate of completion, a score of 80% or better on the post-test is required. Please proceed with the activity until you have successfully completed this program, answered all test questions, completed the post-test and evaluation, and have received a digital copy of your certificate. You must participate in the entire activity to receive credit. There is no fee to participate in this activity. If you have questions about this activity, please contact AKH Inc. at [kwolynski@akhcme.com](mailto:kwolynski@akhcme.com)



Credit provided by AKH, Inc., Advancing Knowledge in Healthcare



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In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium. AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 1.00 Interprofessional Continuing Education (IPCE) credit for learning and change.

**Physicians**

AKH Inc., Advancing Knowledge in Healthcare designates this enduring material activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses**

Credit being awarded: 1.00 ANCC contact hours



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**Nurse Practitioners**

This activity has been planned and implemented in accordance with the accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium. AKH Inc., Advancing Knowledge in Healthcare is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 030803

This activity is approved for 1.00 contact hour(s) which includes 0.50 hour(s) of pharmacology.

**Disclosure**

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FACULTY / PLANNERS / REVIEWER DISCLOSURES		
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AKH and NNPS Planners and Reviewers	N/A	Nothing to disclose
All of the relevant financial relationships listed for these individuals have been mitigated.		

**Commercial Support**

This activity is supported by an educational grant from Lilly, Janssen Scientific Affairs, LLC., Salix and In-Kind support from Ethicon and SurgiReal Products, Inc.

**Disclaimer**

This course is designed solely to provide the healthcare professional with information to assist in his/her practice and professional development and is not to be considered a diagnostic tool to replace professional advice or treatment. The course serves as a general guide to the healthcare professional, and therefore, cannot be considered as giving legal, nursing, medical, or other professional advice in specific cases. AKH Inc. specifically disclaim responsibility for any adverse consequences resulting directly or indirectly from information in the course, for undetected error, or through participant's misunderstanding of the content.

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