



July 15-December 1, 2020  
Postpartum Depression  
Enduring activity

### Target Audience

This educational initiative is intended for Nurse Practitioners, Nurses, Primary Care Physicians and Physician assistants.

### Learning Objectives

Upon completion of this activity, learners should be able to:

- Participate in discussion around the definition and confusion surrounding perinatal depression and postpartum depression.
- List at least three symptoms that may suggest a woman has a postpartum depression.
- Identify at least two screening tools that can be used to screen women for perinatal or postpartum depression, and identify at least one resource in the community that can help patients with treatment.



CME/CE Credit provided by AKH, Inc., Advancing Knowledge in Healthcare

### Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium. AKH Inc., Advancing Knowledge in Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

AKH Inc., Advancing Knowledge in Healthcare designates this enduring activity for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Physician Assistants

NCCPA accepts *AMA PRA Category 1 Credit*<sup>™</sup> from organizations accredited by ACCME.

### Nurses

AKH Inc., Advancing Knowledge in Healthcare is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

AKH Inc., Advancing Knowledge in Healthcare designates this enduring activity for a maximum of 1.5 contact hours.

The activity is awarded 1.5 contact hours.

This activity is jointly provided by AKH Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium.



### Nurse Practitioners

This activity has been planned and implemented in accordance with the accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium. AKH Inc., Advancing Knowledge in Healthcare is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 030803

AKH Inc., Advancing Knowledge in Healthcare designates this virtual activity (on-demand enduring) for a maximum of 1.5 contact hours.

This virtual activity is for 1.5 contact hour(s) which includes 0.375 hour(s) of pharmacology. Activity ID # 22024-3E

This activity was planned in accordance with AANP Accreditation Standards and Policies.

### Criteria for Success

Statements of credit will be awarded based on the learner's attendance, and a post-test with a passing score (eight correct out of ten questions).

NAME	RELATIONSHIP	COMPANY
Jennifer S. Hyer, MD Physician, Department of Obstetrics and Gynecology, Denver Health Medical Center Denver, CO Assistant Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus Aurora, CO	N/A	Nothing to disclose
PLANNER DISCLOSURES		
Dorothy Caputo, MA, BSN, RN - CE Director of Accreditations	N/A	Nothing to disclose
Bernadette Marie Makar, MSN, NP-C, APRN-C- BC- Nurse Planner	N/A	Nothing to disclose
AKH and NNPS Planners and Reviewers	N/A	Nothing to disclose

### Commercial Support

There is no commercial support for this activity.

### Disclosures

It is the policy of AKH Inc. to ensure independence, balance, objectivity, scientific rigor, and integrity in all of its continuing education activities. The author must disclose to the participants any significant relationships with commercial interests whose products or devices may be mentioned in the activity or with the commercial supporter of this continuing education activity. Identified conflicts of interest are resolved by AKH prior to accreditation of the activity and may include any of or combination of the following: attestation to non-commercial content; notification of independent and certified CME/CE expectations; referral to National Author Initiative training; restriction of topic area or content; restriction to discussion of science only; amendment of content to eliminate discussion of device or technique; use of other author for discussion of recommendations; independent review against criteria ensuring evidence support recommendation; moderator review; and peer review.

### Disclosure of Unlabeled Use and Investigational Product

This educational activity may include discussion of uses of agents that are investigational and/or unapproved by the FDA. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

### Disclaimer

This course is designed solely to provide the healthcare professional with information to assist in his/her practice and professional development and is not to be considered a diagnostic tool to replace professional advice or treatment. The course serves as a general guide to the healthcare professional, and therefore, cannot be considered as giving legal, nursing, medical, or other professional advice in specific cases. AKH Inc. specifically disclaim responsibility for any adverse consequences resulting directly or indirectly from information in the course, for undetected error, or through participant's misunderstanding of the content.